

# **New approaches for determination of honey quality in relation to its biological activity**

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# Essential composition and quality factors

## European Honey Directive (2002)

## Codex Alimentarius Standard for Honey (2001)

## Biochemical and physical properties

- sugar content
- moisture content (not more than 20%)
- water insoluble solids content
- electrical conductivity
- free acidity
- diastase activity (Schade units)
- hydroxymethylfurfural (HMF) content

### CODEX STANDARD FOR HONEY CODEX STAN 12-1981<sup>1</sup>

The Annex to this Standard is intended for voluntary application by commercial partners and not for application by Governments.

#### 1. SCOPE

1.1 Part One of this Standard applies to all honeys produced by honey bees and covers all styles of honey presentations which are processed and ultimately intended for direct consumption. Part Two covers honey for industrial uses or as an ingredient in other foods.

1.2 Parts Two of this Standard also covers honey which is packed for sale in bulk containers, which may be repacked into retail packs.

#### PART ONE

#### 2. DESCRIPTION

##### 2.1 DEFINITION

Honey is the natural sweet substance produced by honey bees from the nectar of plants or from secretions of living parts of plants or excretions of plant sucking insects on the living parts of plants, which the bees collect, transform by combining with specific substances of their own, deposit, dehydrate, store and leave in the honey comb to ripen and mature.

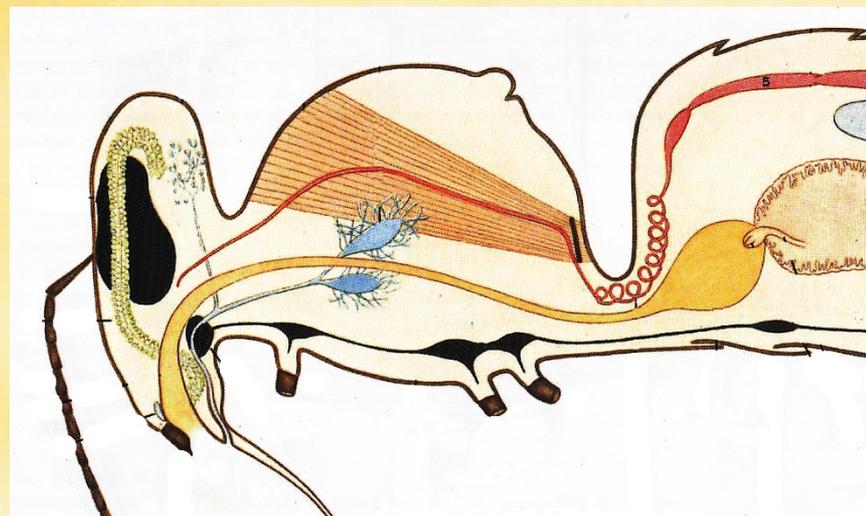
2.1.1 Blossom Honey or Nectar Honey is the honey which comes from nectars of plants.

2.1.2 Honeydew Honey is the honey which comes mainly from excretions of plant sucking insects (*Hemiptera*) on the living parts of plants or secretions of living parts of plants.

# Bee proteinous content as a suitable criterion for honey authenticity and quality



Bee foragers collect the nectar into the honey crop

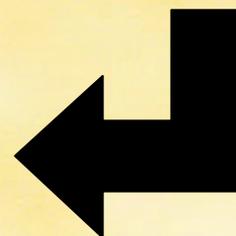


Nectar is mixing with glands secretion in honey crop (stomach)

All major proteins identified in honey are of bee origin (Girolamo *et al.* 2012)

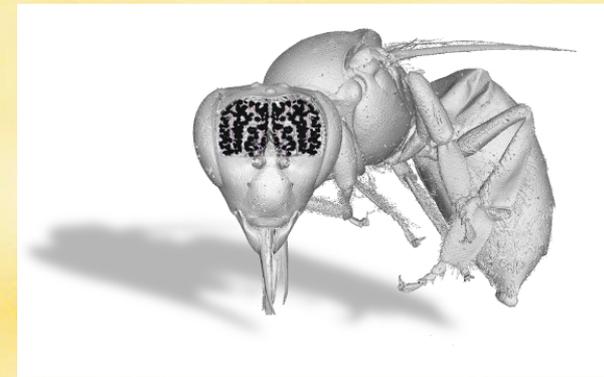


+  
bee proteins/  
peptides



# Bee defensin-1

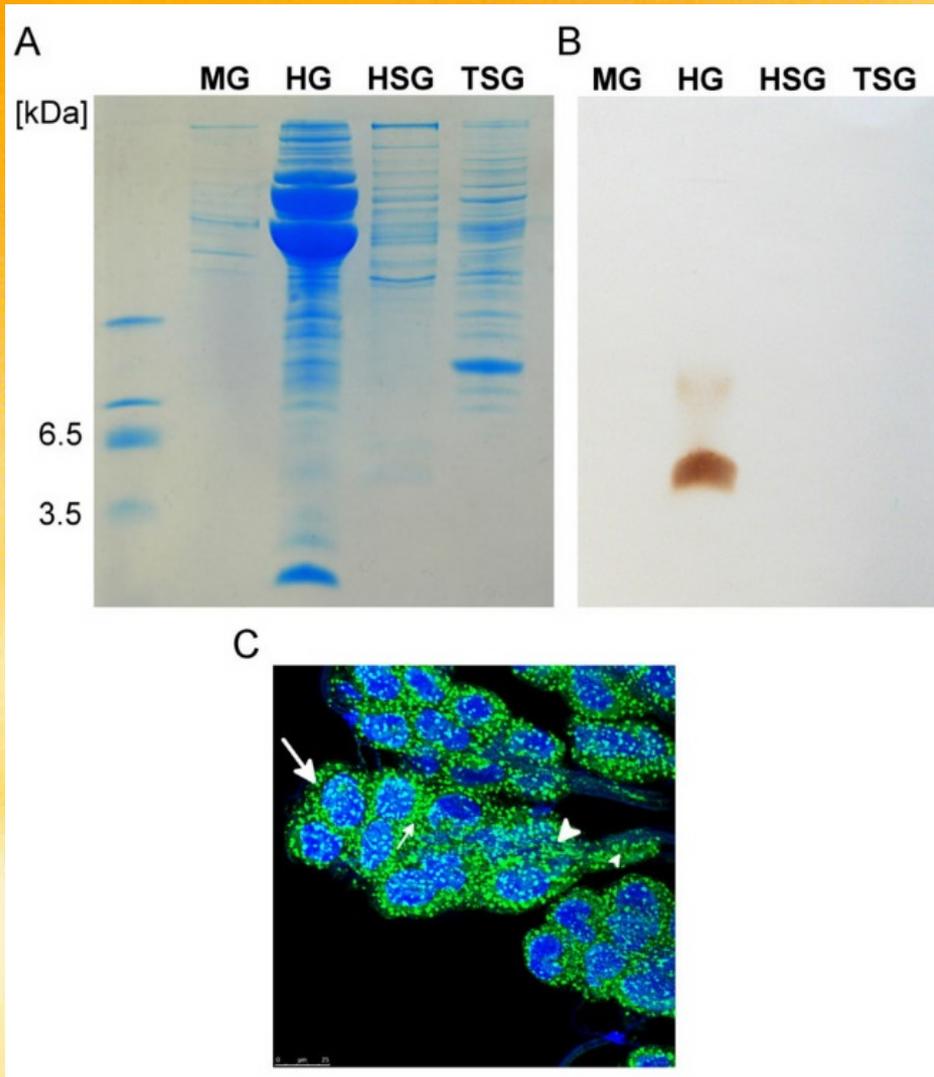
- bee defensin-1 was first isolated from royal jelly (described as royalisin) (Fujiwara et al. 1990), subsequently found in honey (Kwakman et al, 2010)
- it is regular but variable component of natural honey (Majtan et al, 2012)
- it belongs to insect defensin group, is composed of 51 AA with MW of 5.52 kDa
- it is active against Gram-positive planktonic and biofilm-embedded bacterial cells (antibacterial and antibiofilm activity)
- it occurs at low concentration in bee products
- it is heat-stable (protein-defensin-1 interaction)



# Aims of the study

- to develop and evaluate a polyclonal antibody based competitive ELISA test for the quantification of bee-derived defensin-1 in honey
- to monitor its concentration after thermal processing (conventional heating and microwave radiation)
- to monitor its concentration after honey sterilisation using gamma radiation (medical-grade honeys)

# Immunospecificity of an anti-defensin-1 polyclonal antibody



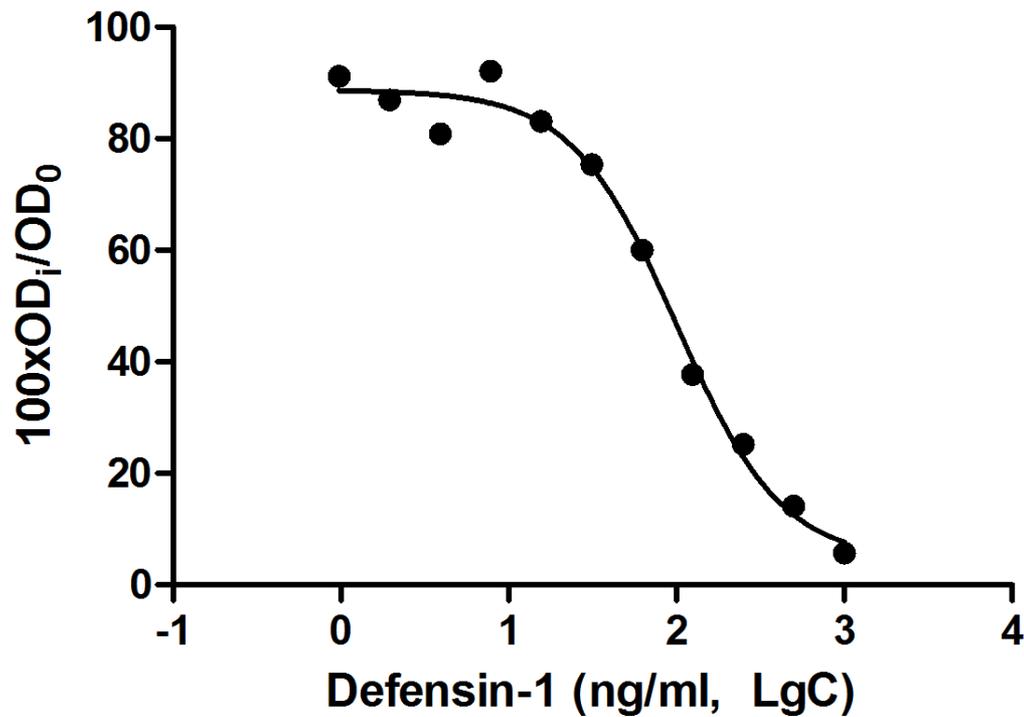
- antigen = C-terminus synthetic peptide (CRKTSFKDLWDKRFG)
- affinity purified polyclonal antibody

- **SDS-PAGE (Fig. A)**
- HG extract is rich on secreted proteins

- **immunoblot assay (Fig. B)**
- Specific immunoreaction with one band around 5 kDa in HG glands

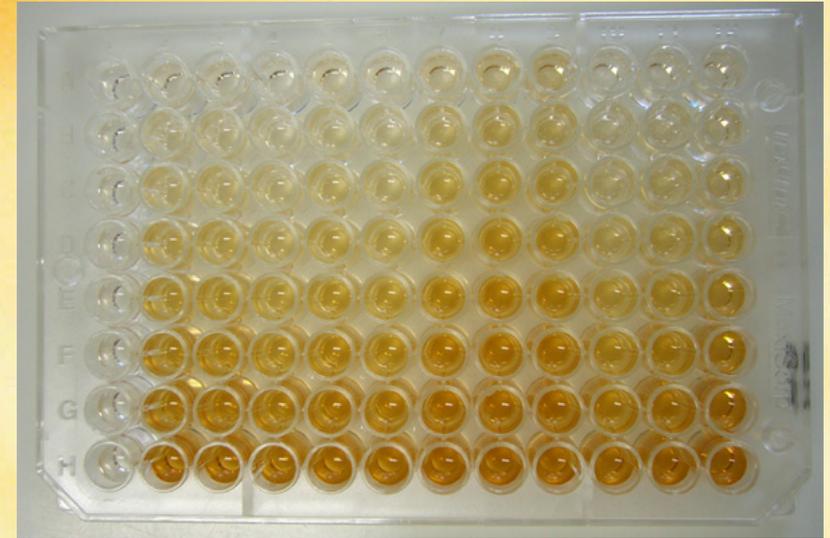
- **Immunohistochemistry (Fig. C)**
- Defensin-1 is readily visible in the cytoplasm of secretory cells in HG glands

# Quantification of defensin-1 using competitive ELISA test

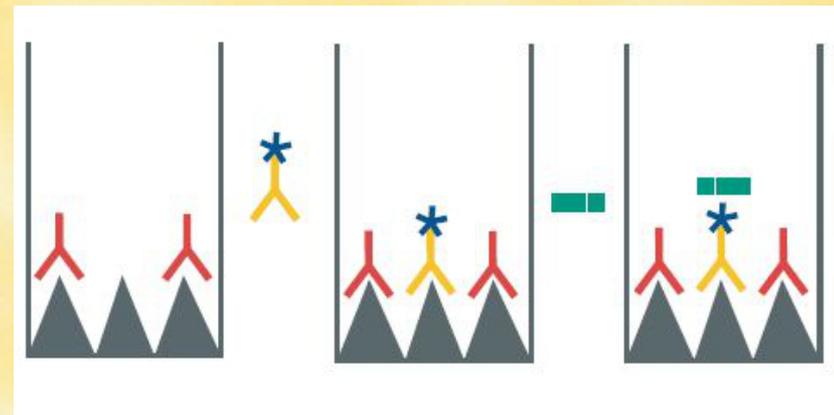


Calibration curve of ELISA test for quantification of defensin-1 in honey

Detection limit: 7.8 ng/ml (2.5% honey solution)



Higher amount of native defensin-1 = brighter colour



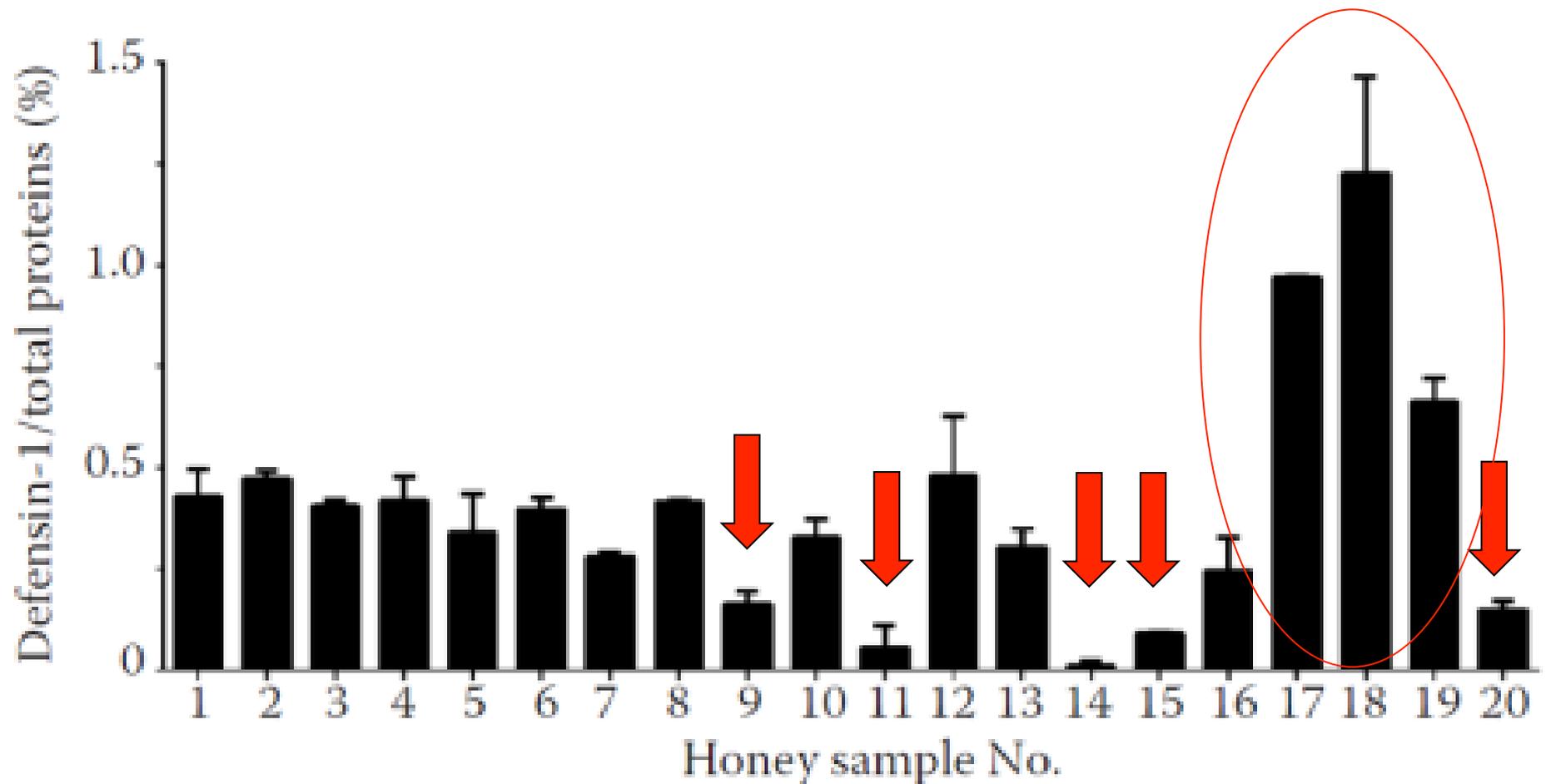
Competition between native defensin-1 in honey and synthesized HRP-conjugated defensin-1

# Validation of ELISA test using natural honey samples

Honey sample	Dominant nectar/honeydew source	Geographic origin in Slovakia	Harvesting in 2013
1	<i>Robinia pseudoacacia</i>	Veľký Krtíš	June
2	<i>Robinia pseudoacacia</i>	Lamač	June
3	<i>Robinia pseudoacacia</i>	Lamač	June
4	<i>Robinia pseudoacacia</i>	Borský Mikuláš	June
5	<i>Robinia pseudoacacia</i>	Borský Mikuláš	June
6	<i>Robinia pseudoacacia</i>	Borský Mikuláš	June
7	<i>Tilia platyphyllos</i>	Jarovce	June
8	<i>Tilia platyphyllos</i>	Slovenská Lupča	June
9	<i>Castanea sativa</i>	Lamač	June
10	<i>Helianthus annuus</i>	Jarovce	June
11	<i>Brassica napus</i>	Jarovce	June
12	<i>Abies alba</i>	Slovenská Lupča	August
13	<i>Abies alba</i>	Čergov	August
14	multifloral	Čergov	July
15	multifloral	Podpolanie	May
16	multifloral	Vysoká nad Uhom	June
17	multifloral	Vysoká nad Uhom	July
18	multifloral	Vysoká nad Uhom	August
19	multifloral	Inovec	May
20	multifloral	Inovec	August

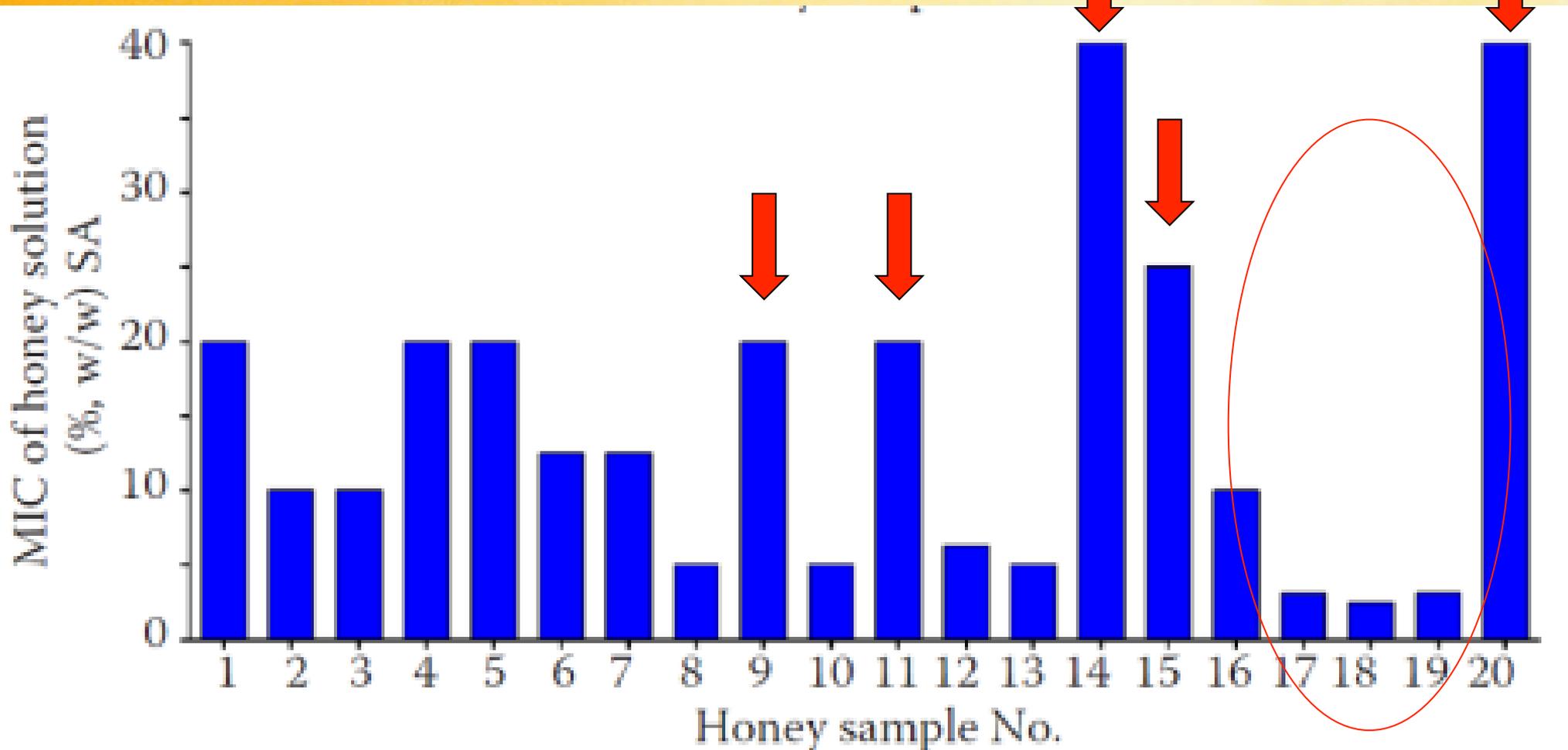
# Level of defensin-1 in natural honeys

- Quantification of defensin-1 in honey solutions (2.5; 5 and 10%)
- Determination of total proteins using a Bradford assay

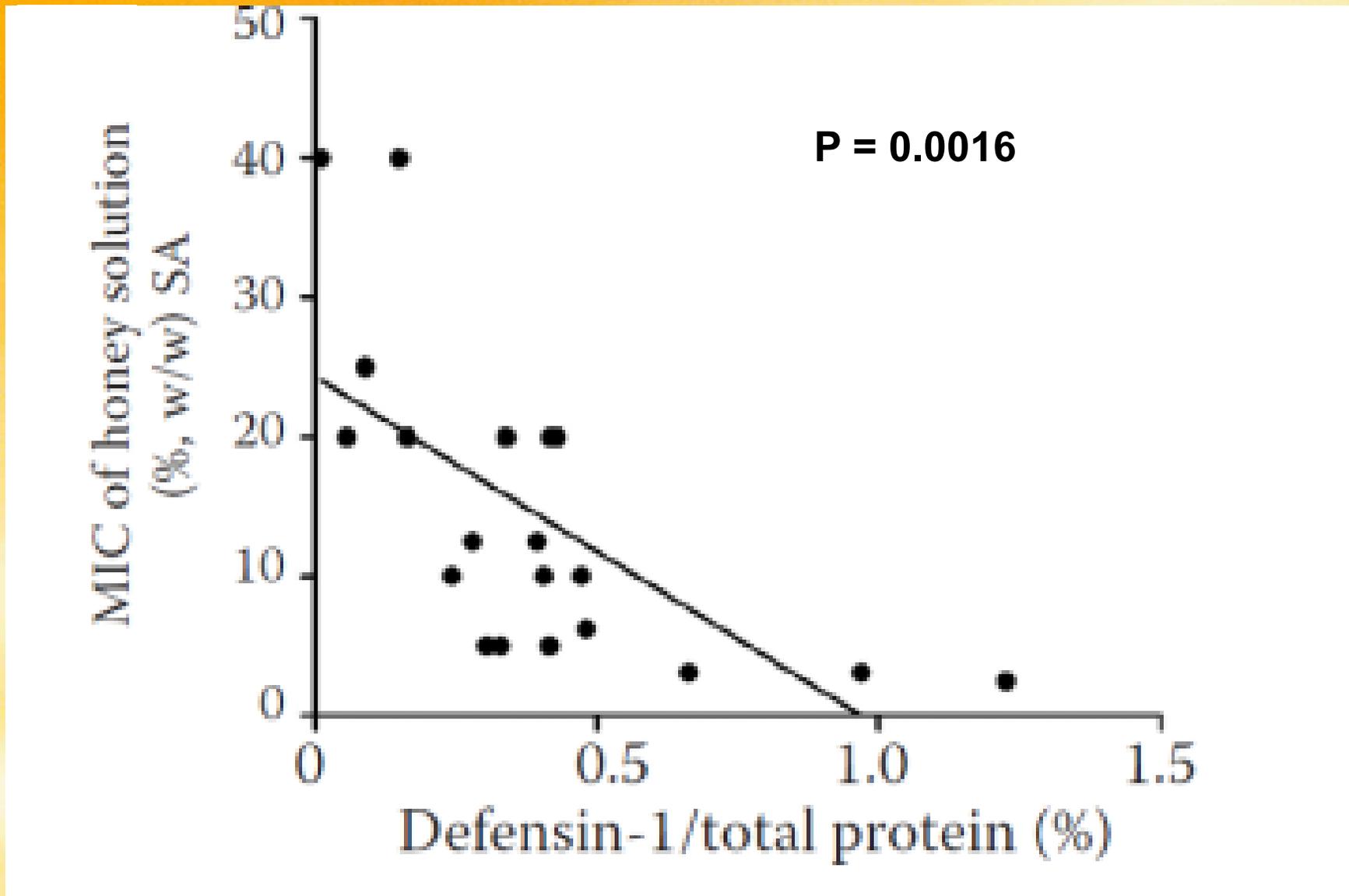


# Antibacterial activity of natural honeys against *Staphylococcus aureus* (G+)

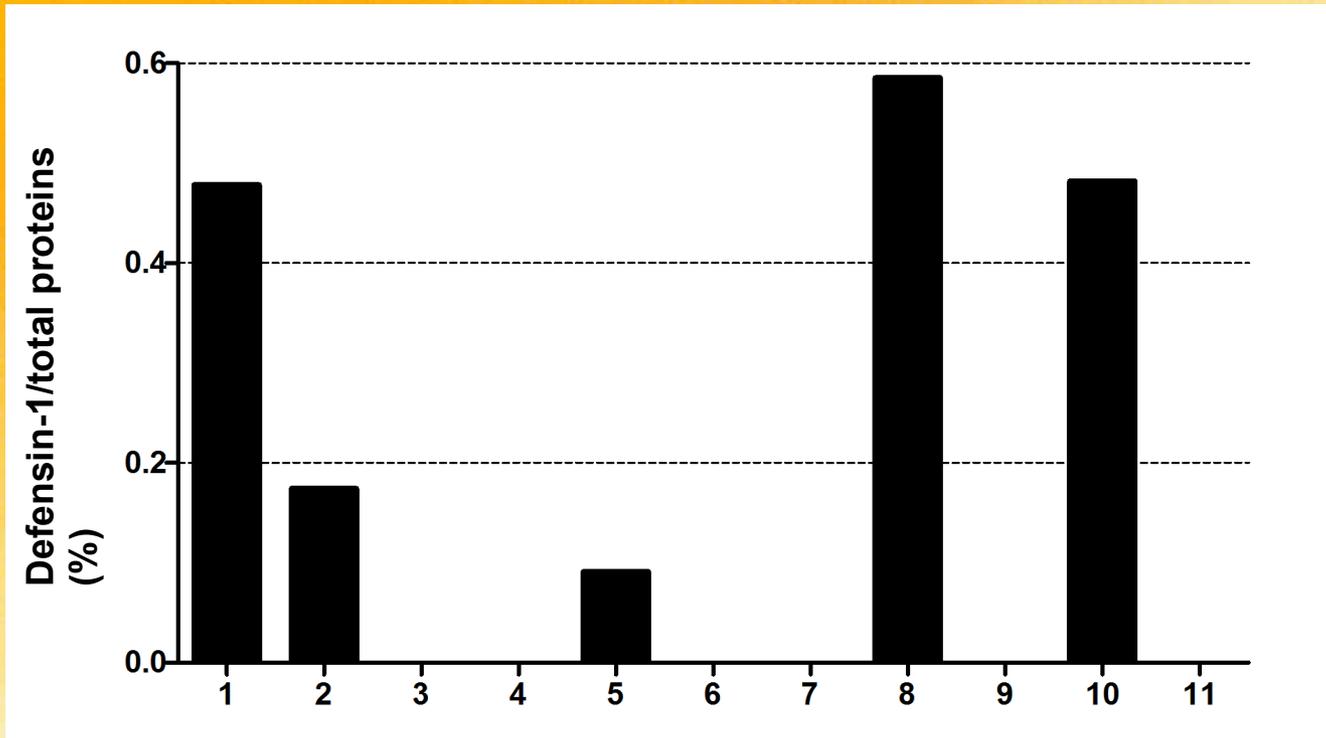
- Antibacterial activity of honey is expressed as minimal inhibitory concentration (MIC)



# Correlation between the defensin-1 content and antibacterial activity



# Defensin-1 in commercial honeys



1	2	3	4	5	6	7	8	9	10	11
										
Lidl Stiftung & Co. KG (Germany)	Lidl Stiftung & Co. KG (Germany)	Natur Products (Slovakia)	Natur Products (Slovakia)	Medokomerc (Czechia)	JSG med a.s. (Czechia)	JSG med a.s. (Czechia)	Medas, s.r.o. (Slovakia)	Medas, s.r.o. (Slovakia)	Medas, s.r.o. (Slovakia)	Medokomerc (Czechia)

# **Effect of thermal processing on honey major antibacterial components**

# From scientific literature.....

- current honey quality standards are not sufficient
- heating (90-100°C) for 30 min causes changes in HMF or diastase activity but within the interval according to Codex
- microwave radiation does not significantly increase HMF
- But...honey biological activity is already completely destroyed

# METHODs

- ▶ 3 rape honey samples (solid-creamy)
- ▶ 50 g / glass beaker

## ▶ Microwave

▶ 800W - 10s, 30s

▶ 400W - 10s, 30s,  
50s

▶ 80W - 60s, 120s,  
180s

## ▶ Conventional (incubator)

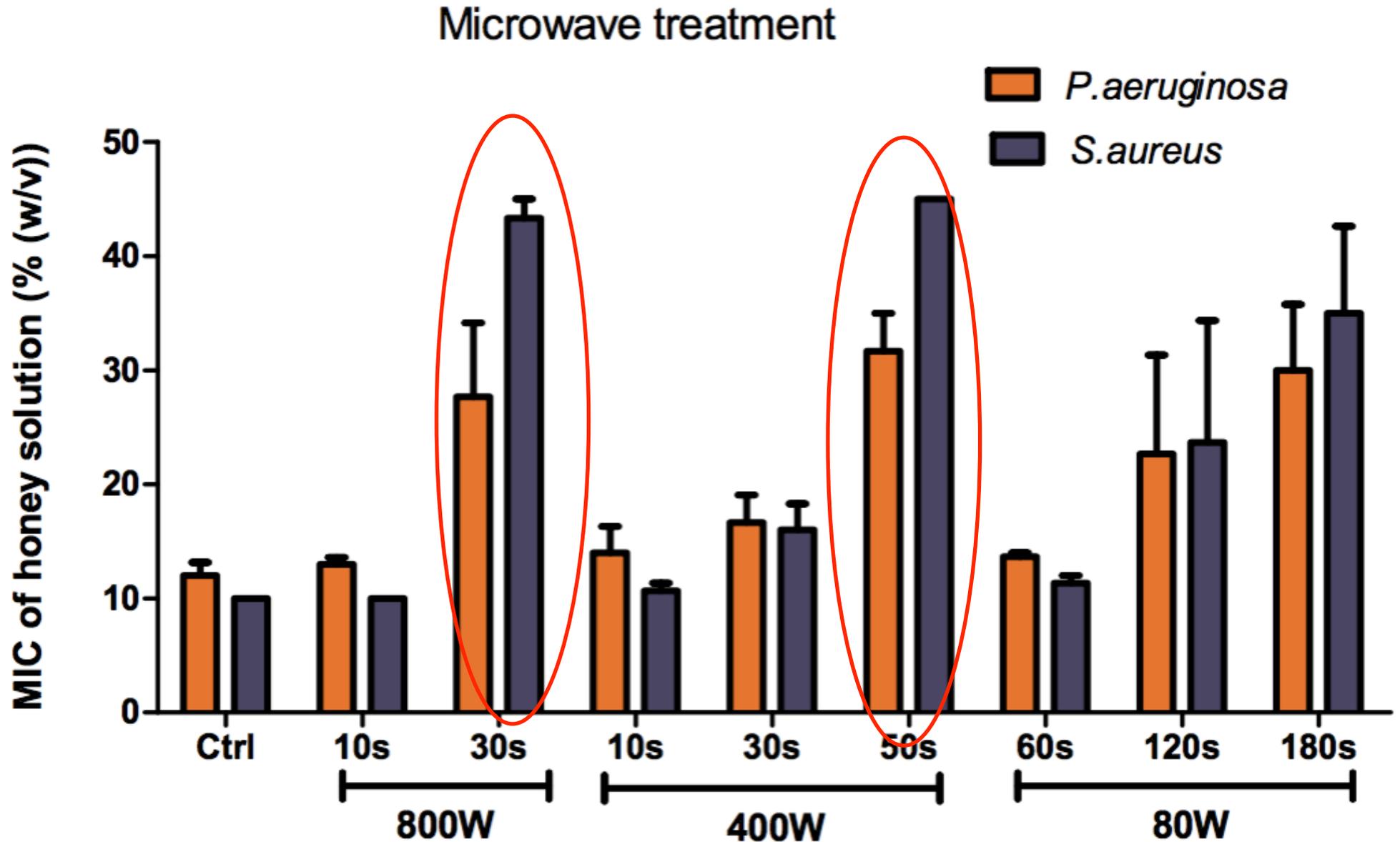
▶ 45 °C - 8h, 24h,  
48h

▶ 55 °C - 8h, 24h,  
48h

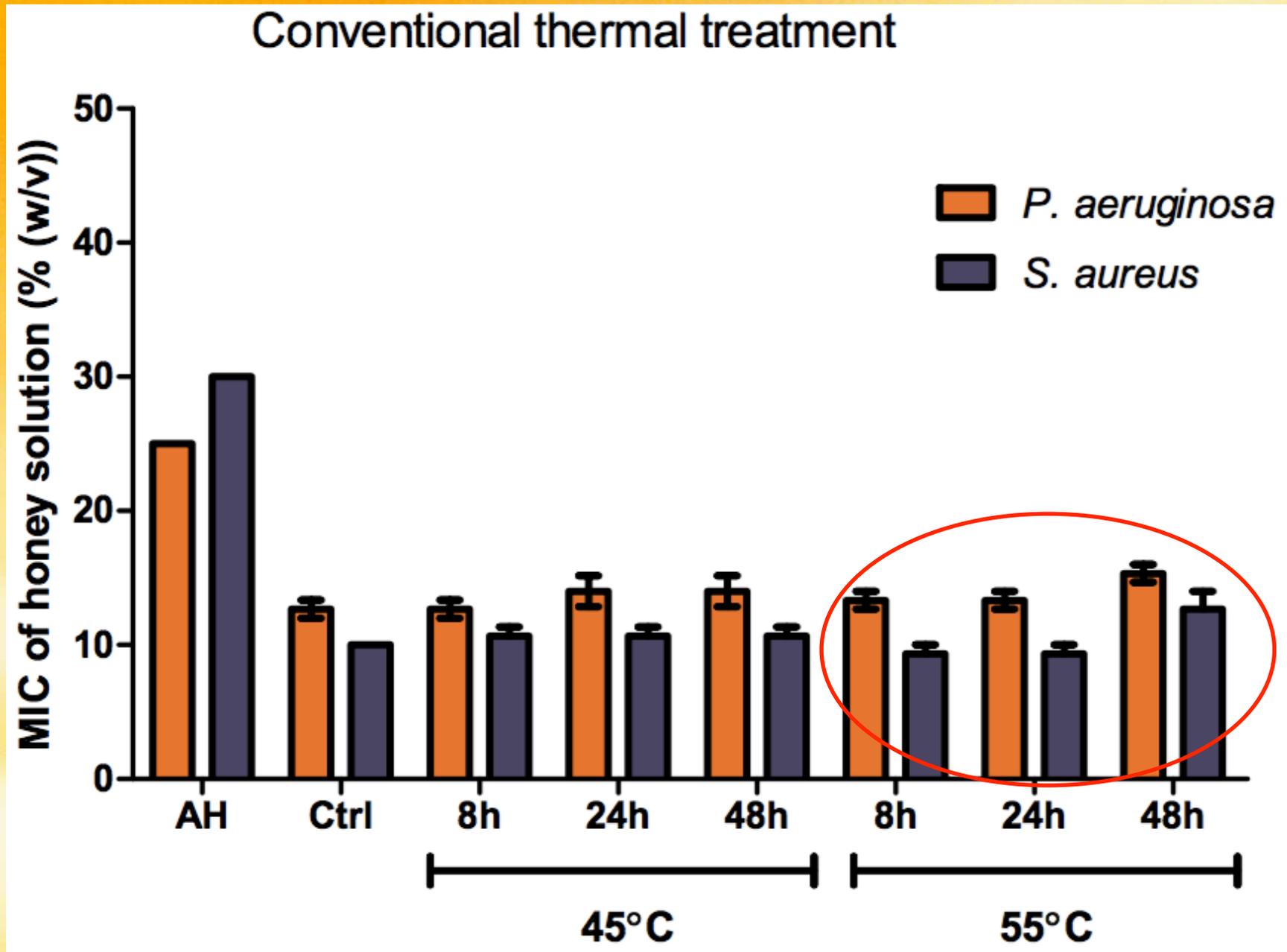
**Antibacterial activity ?**



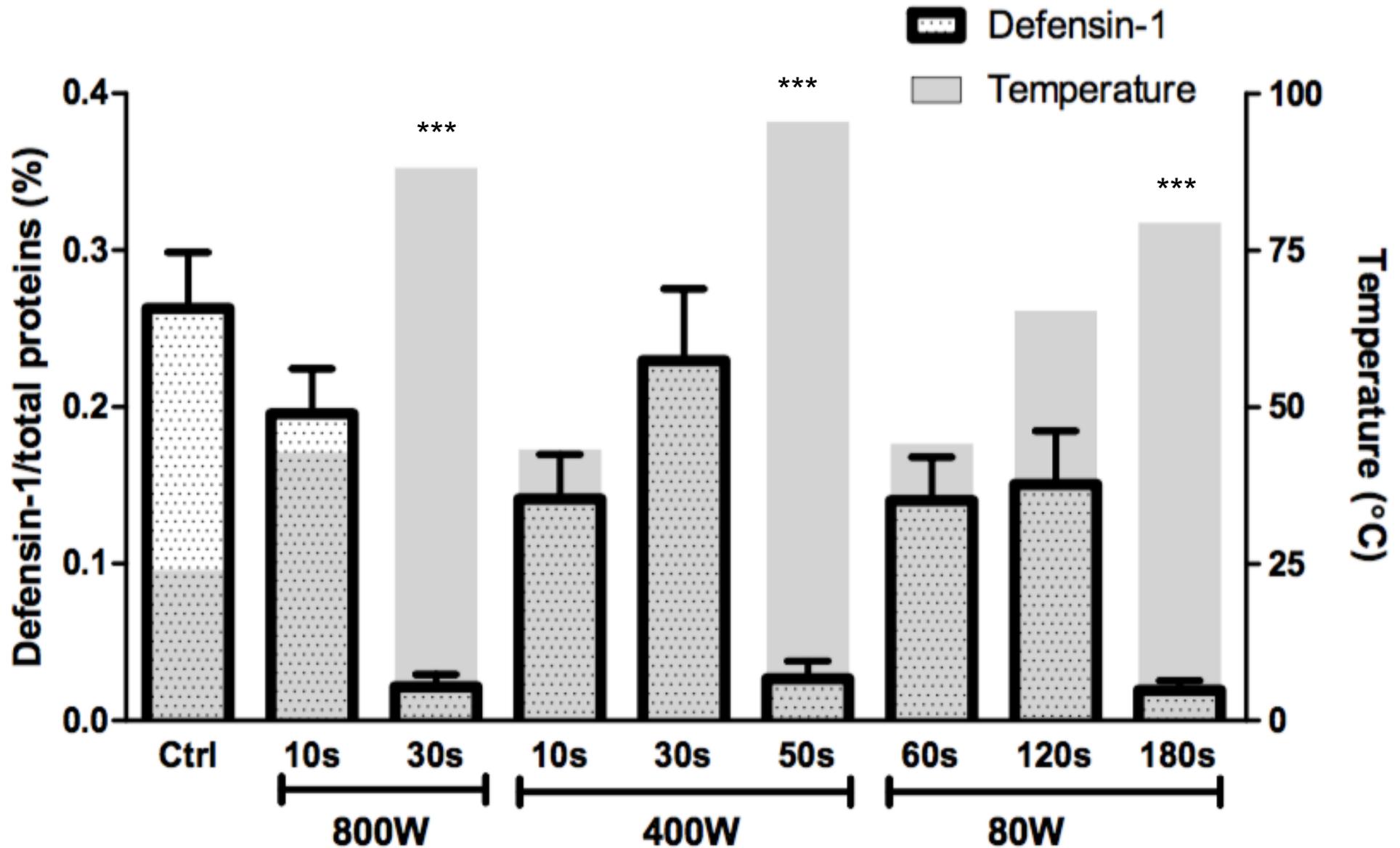
# Antibacterial activity of honey after microwave processing



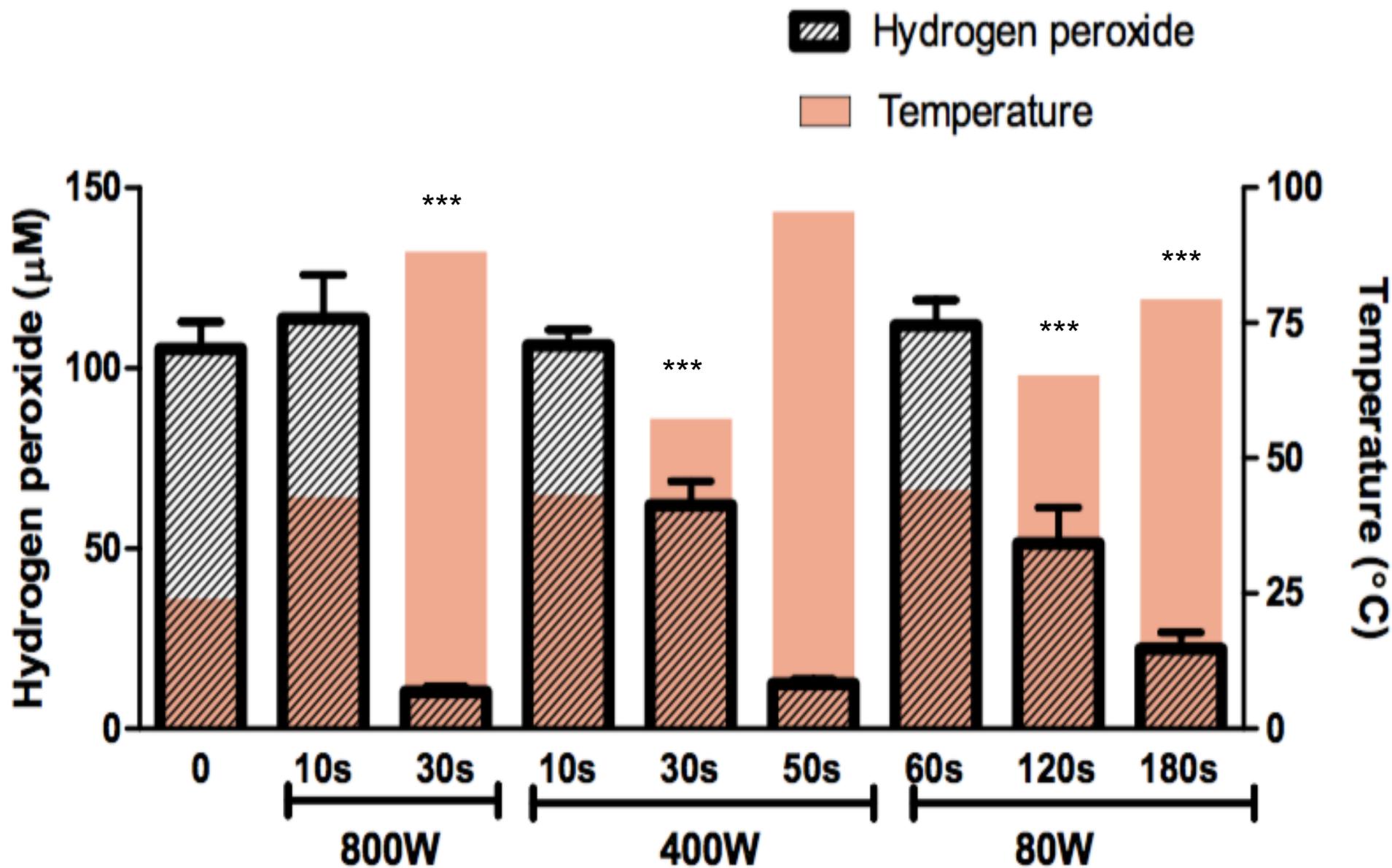
# Antibacterial activity of honey after conventional heat processing



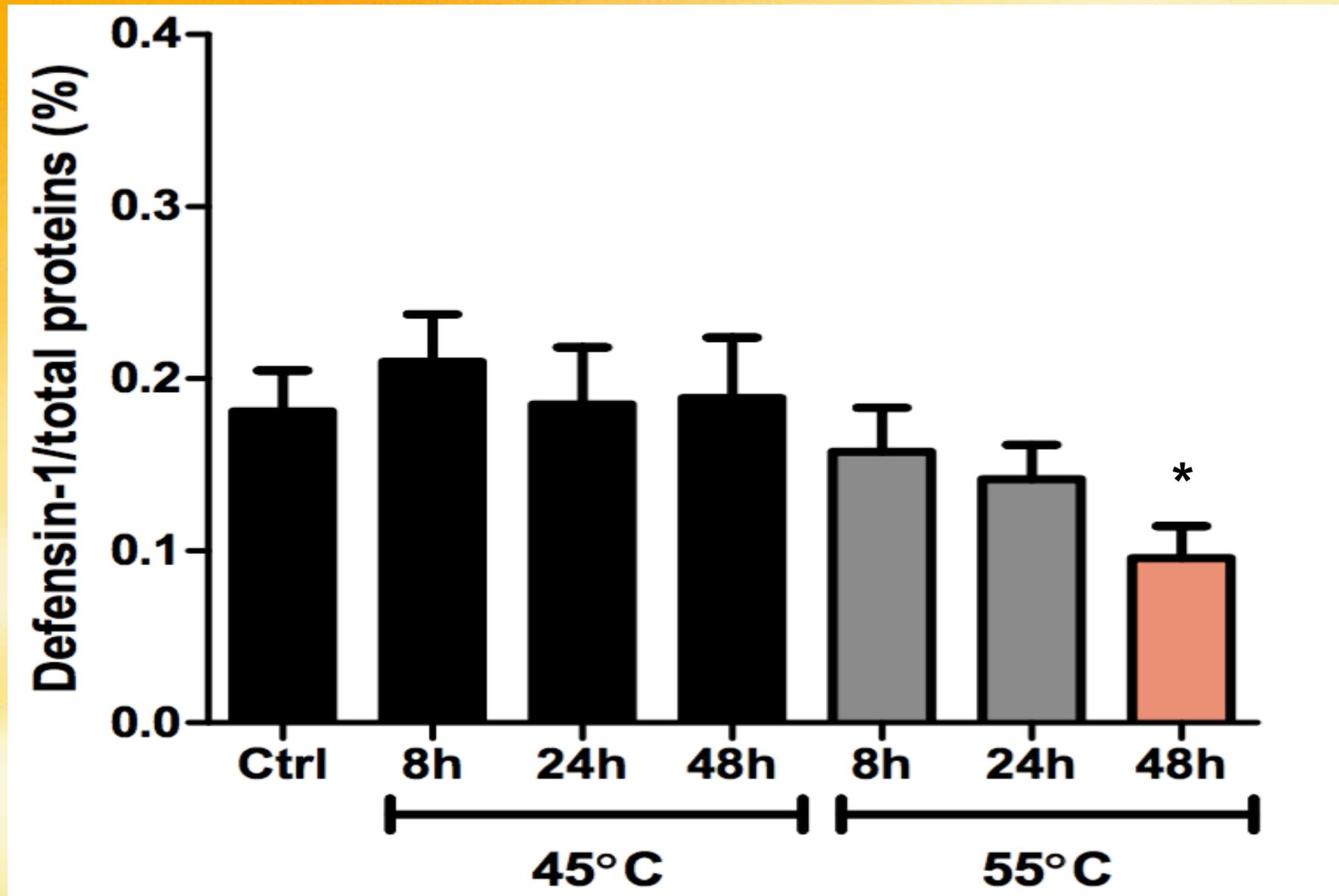
# Defensin-1 content in microwave treated honey samples



# H<sub>2</sub>O<sub>2</sub> content in microwave treated honey samples



# Defensin-1 content in conventional heated honey samples



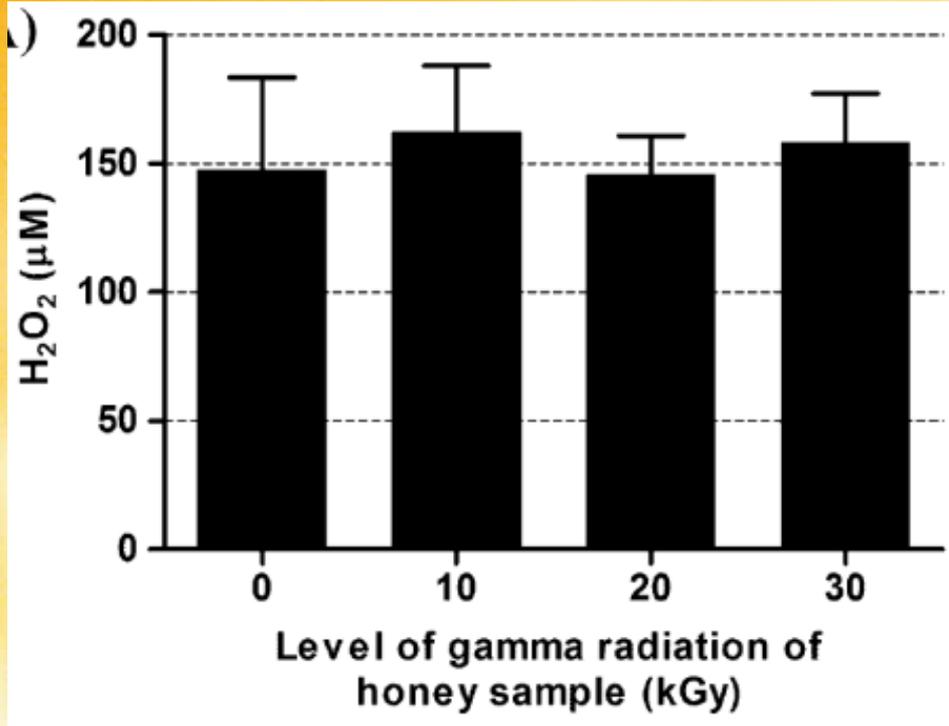
# **Effect of Gamma irradiation on honey major antibacterial components**

# Gamma radiation and honey

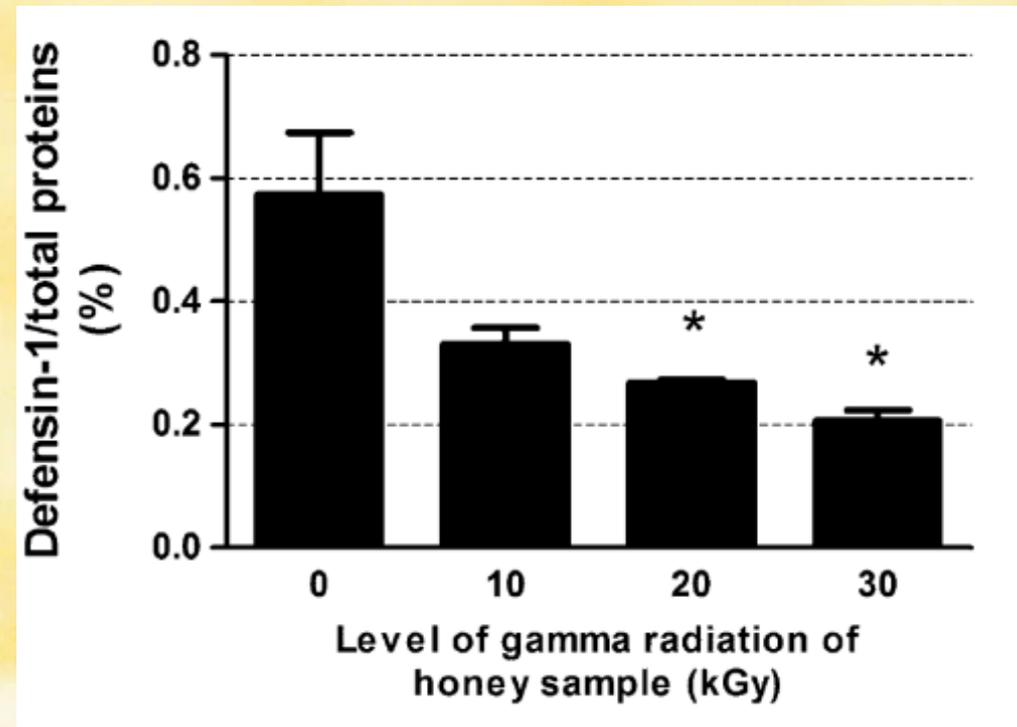
- Elimination of vegetative bacteria and bacterial spore
- Effective and low-cost process of sterilisation without heat-mediated denaturation
- Medical –grade honeys – essential processing
- No negative effects on antibacterial activity

# Gamma radiation and major honey antibacterial components in clinically used honeydew honey

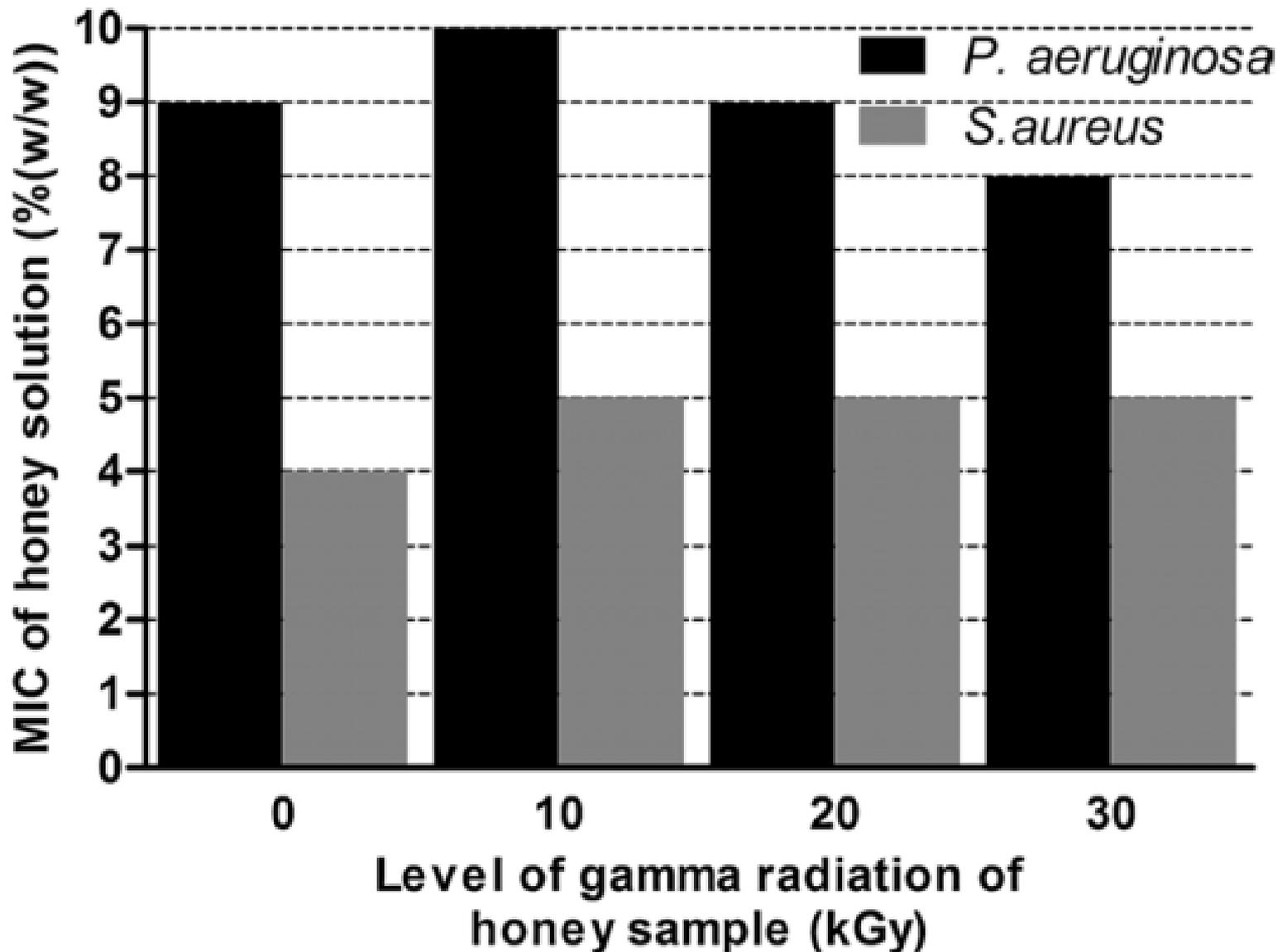
## Hydrogen peroxide



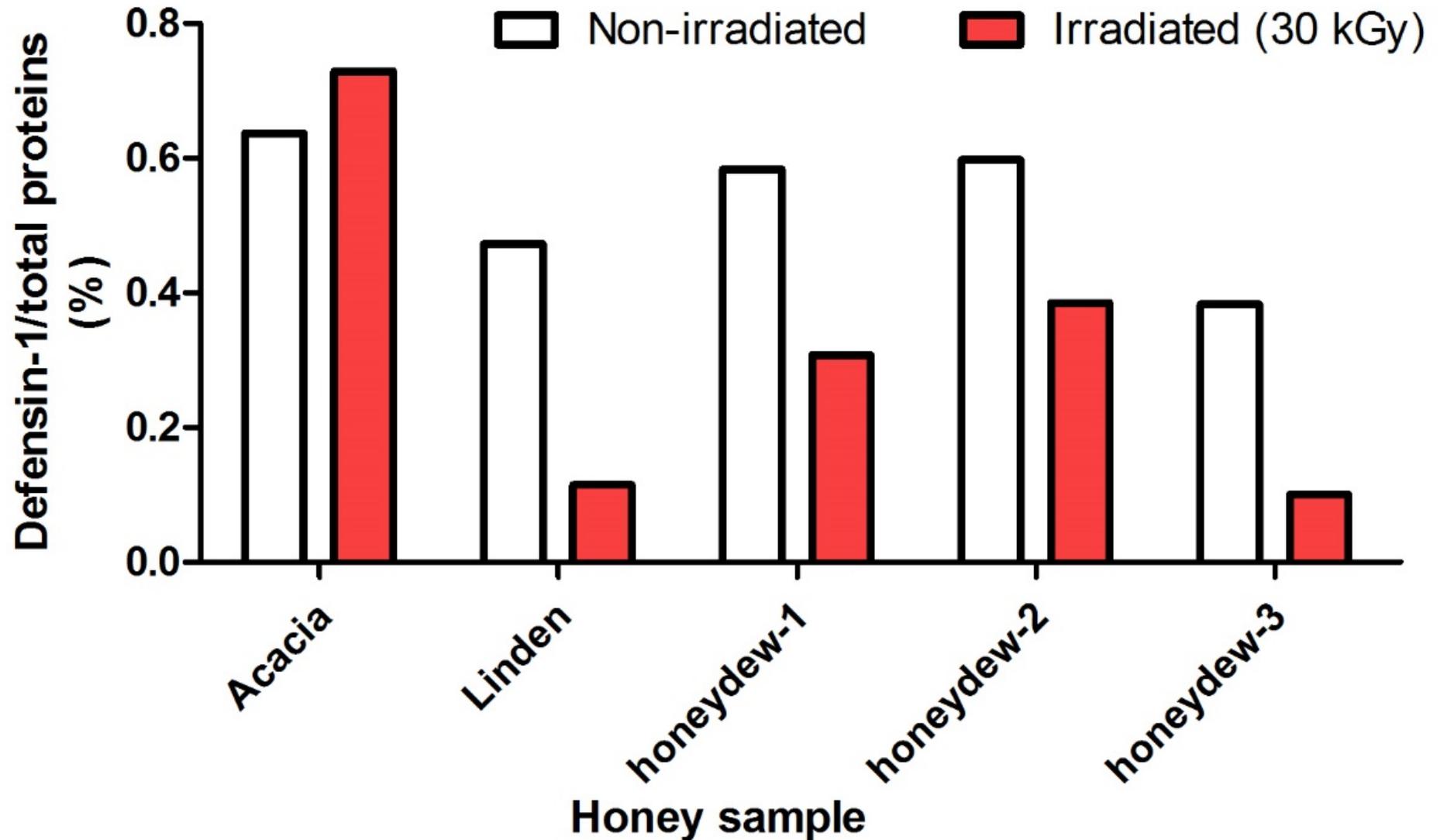
## Defensin-1



# Antibacterial activity of Gamma irradiated honeydew honey



# Defensin-1 content in gamma irradiated honey samples



# Conclusions

- A new developed competitive ELISA test for defensin-1 could be suitable method to characterise the quality of natural honey
- Microwave-mediated honey liquefaction is detrimental for its biological activity and conventional heating is still first option (up to 55 °C for short time)
- Bee-defensin-1 is a sensitive marker and could be used to monitor honey processing (e.g. liquefaction, sterilisation)

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**Thank you**

